

SANDAY PRACTICE **ANNUAL REPORT** 2008; plans 2009

1. *INTRODUCTION*

In this short report 2008 is discussed and plans for 2009 are formulated.

2. *PRESENT SITUATION*

Staff: At the moment 1 fulltime GP (also certified ophthalmologist), a manager (33.5 hours) and 2 community nurses (one also midwife) (1, 0 and 0, 4) are employed. Further there is a person to clean 2x a week. Replacement is present during absence of the doctor (different locums) or the manager (same person).

Housing: The work is done in Flebister House, situated in Lady Village central on the island. It is a 2-storey building. Ground level part is used for the surgery. First floor is occupied by the present GP. This year, notice board and a railing for patients were put in place

Drugs: drugs are dispensed in the surgery.

ICT: Vision as electronic patient dossier, remote server. Practice is paper light; for the moment still paper back up is kept

Video conferencing equipment is present. There is a website of the practice. This will be integrated in the community website in 2009. Tele dermatology is used. E-mail communication with patients is present.

Equipment: ECG apparatus, defibrillator, spirometer, slit lamp, dermatoscope, routine equipment

3. *ACTIVITIES 2008*

General

- 5 patients died, 3 died at home with practice supported terminal care. 2 births
- Transport patients: local Ambulance: 4
- Air Ambulance 9; no problems experienced
- Integration doctor-nurses: nurses are using Vision, joint training sessions were held
- Combined exercise with Fire brigade was held 6/11
- 2 medical students were in the practice (6 weeks and 1 week)
- Application is made for Defibrillator in Community Centre.
- An evening of entertainment at Christmas for the carers on the island
- *OACAS counsellor: 20 clinics*
- *8 Chiropody clinics*
- *2 Audiologist clinics*
- *1 CPN clinic*

Visitors

- Ginny Shapter, the Primary Care Manager came in January, but Dr Hardus was away
- Iain Gray, acting BAP manger in June
- Anna Cunniff – PSA Study Group in February
- Dr Catriona Kemp with 4 medical students in May
- 3 Management trainees in October

DOCTOR: (ALSO OPHTHALMOLOGIST)

- ophthalmology: 12 days clinic Kirkwall
- ophthalmology training for SHO or nurses (5 sessions)
- video meetings AMC, LMC
- 23-25/4 conference Health and Safety, Paris
- 12-14/9 Advanced Cardiac Life Support, Johannesburg
- upkeep knowledge mainly by Internet Courses
- OACAS Board Chairman.
- medical officer for housing Kirkwall

NURSES:

- Diabetic clinic in May
- Flu clinic in October
- On going in-house training with Dr.Hardus covering a different topic every month
- Nurses training in 2008
- Frances March – Neonatal Resuscitation and Transportation Course
April – Appraisal training
September – BASICS 3 days
December – Maternity Unit update 5 days
- Denise February – Heart Manual Training 2 days
April – Heart Failure course 1 day
May – BASICS 3 days course
June - Child Protection Course 2 days
June – Asthma training
September – Seriously Ill Child Course 3days
December – Maternity Emergencies Course 2 days

MANAGER:

- Child Protection Level 1 training
- Prisms training
- Attended refresher QOF Assessor training
- Young People, Sex & the Law training
- First Aid for Children training
- Vision training
- Attended a week long Rapid Improvement Event with a follow-up meeting in Rousay
- Attended 4 PMN meetings in Kirkwall and 1 in Stromness
- Attended a meeting about setting up a new drug supplier contract
- Worked in Westray for 3 days before there new Practice Manager was appointed
- Was in Glasgow for Vocational Training interview along with PM from Westray
- Had appraisal done by Iain Gray

4. PLANS FOR 2009

Survey: Continuing seeing all over 75's and people at risk reviewing basic health and social needs by the nurses. A start was made in 2007, 2008.

ICT: Vision is installed. More training is needed to benefit fully.

Good Practice: Unfortunately the request of the practice to go for accreditation as Good Practice was turned down by the Health Board. So other ways to keep up quality have to be explored.

Associate/Locum: one of the outcomes of the 2006 questionnaire was that it would be nice to have an alternative doctor. Locums are just there a short time. An associate preferably a female doctor could solve this problem. The idea is supported by the Local Council and Sanday Trust. The idea is still not effectuated: hopefully with the Primary Care Manager it will be possible.

Communication with Heath Authorities Kirkwall: still a weak point: in 2008 not really a lot happened in this field. Maybe things change in 2009 with the new Primary Care Manager.

Involvement teaching: hopefully this will continue.

January 2009