



Your monthly update on the Sanday project to bring a 12 month programme of adult education, training and leisure courses to Sanday. See what's happening in January & the New Year!

Please remember to book your courses!

Sue Mellors, Learning Coordinator

Courses and Workshops for January

Massage & Chikung for Health - Tuesday 12th January 6.30pm - 8.00pm - Heilsa Fjold

Discover the benefits of massage and the ancient Chinese health care system with Annie and Jo

The first of a series of workshops aimed at health and wellbeing - look after yourself during the Winter months. Cost is £2.50 to cover refreshments. Accompanied S3's and above welcome (cost £1.25)

Saturday Morning Kitchen- Saturday 16th January 10am - 12 noon - Heilsa Fjold

Learn how to make the perfect Risotto with Backaskail Chef Geoff

This month's fun cooking morning will be a demonstration class and cover everything you need to know to impress your family and friends with a meat, fish or veggie risotto! (please note earlier time of 10am). Cost is £3.00 to cover refreshments & ingredients. Accompanied S3's and above welcome (cost £1.50).

Birdwatching for Beginners - Tuesday 19th January 7pm - 9pm - Heilsa Fjold

An interactive, indoor workshop designed to teach you the basics of birdwatching and introduce the birds found on the Island with the Sanday Ranger Emma (see Ranger Newsletter)

This monthly workshop will be followed by an optional walk on the following Saturday at 10am. Cost is £3.00 (£1.50 for children) to cover materials and refreshments. All ages welcome!

Understanding Accounts—Tuesday 26th January 7pm - 9pm - Heilsa Fjold

Introduction to the contents of the balance sheet & profit & loss account with Heather Extance

This will be the first of a series of Accounting workshops designed for small businesses/sole traders. Cost £3.00

To book: email learning@sandaydevelopmenttrust.org.uk, phone 600359 or text 07803 854572

Courses planned for February and the Spring.....

Contemporary Drawing Workshops - starting in February

These workshops will be offered on a fortnightly basis by artist Jim Walker

These drawing workshops are for anyone with an interest in drawing who would like to broaden their understanding and have time to develop their skills in a relaxed, informal and supportive setting. The programme is aimed at beginners, those returning to drawing or anyone with an interest in exploring their creativity through drawing.

First Aid & Food Hygiene

These courses will be run by tutors through Orkney College . They will be Individual Learning Account (ILA) approved and funded so it is important that you apply for your ILA funding now if you are eligible. I am happy to help anyone apply for their ILA - please just get in touch.

What is your Canine Companion really trying to tell you??

A Tuesday evening informal talk by Huw Evans during which he will share his knowledge and insight into dog behaviour gained through a keen interest in observing, researching and understanding dogs.

You can contact me by email: learning@sandaydevelopmenttrust.org.uk, leave me a note or message at Heilsa Fjold tel: 600359 or text: 07803 854572. I work part time but will get back to you. I will be in Heilsa Fjold every Tuesday between 12.30 and 2.30 pm - come & see the new Centre layout!

I look forward to hearing from you soon, Sue

Claim your £200!

Skills Development Scotland will give you up to £200 through an Individual Learning Account (ILA) towards the cost of employability-focused learning or training?

ILAs are for people who are 16 or over and living in Scotland. You can apply for an ILA if you do not have a degree and are not undertaking further education. Individuals must have an income of £22,000 a year or less.

To find out more and apply for your ILA call the Freephone helpline on 0800 917 8000. I am happy to help you.

If you are not eligible for an ILA, Skills for Sanday will fund 75% of your course fees up to an annual value of £200.

If you have a degree there are other options.

ILA approved courses will be run in the New Year - get your ILA in place now.

What you've been saying!

Firstly a huge thank you to everyone who has attended a workshop, offered up your skills for training, popped into Heilsa Fjold on a Tuesday for a chat, visited the Skills for Sanday stall at the Christmas Fayre or completed a feedback/registration slip (I have received 75 so far)!

I am currently researching training courses in the subjects which have attracted the most interest from people. Therefore, if you would like to see a course being offered it is really important that you let me know!

Course requests which have been popular and are currently being investigated include: photography, creative writing, dry stone walling, gardening, Driving and Midas (minibus), swimming, IT, websites, music, sewing and knitting, yoga, childcare, furniture restoration, bread making, electronics, aqua aerobics, science, butchery, electronics, Orkney crafts and skills related to livestock and sheep-keeping.

If you are interested in any of these, or can offer your teaching skills and have not already told me, please get in touch.

Skills for Sanday is building an Island Resident database to record all of your requests for courses, feedback, suggestions and bookings. Please register your information so that your voice is heard!

Enter the Free January Draw for an iriver MP3 Player

All you have to do is get in touch with your name, phone number, email address

Cancellation policy

Please note Cancellation policy for classes and workshops:

Cancellation notice of at least 2 weeks: full refund

Cancellation notice of less than 2 weeks but more than 24 hrs: full refund if minimum numbers have been met

Less than 24 hrs notice: payment will be retained but can be used towards cost of a different class

Courses that have high running costs (for example pesticide usage) will have individual cancellation policies communicated at the time of booking and will require a deposit.

